

The 10th National Colloquium

On Evidence-Based Integrative Medicine for Lymphatic Filariasis and other Chronic Dermatoses

Date:

February 18th to 20th, 2020

Venue:

Institute of Applied Dermatology
Uliyathadka, Madhur Road, Kasaragod,
Kerala

Theme:

Clinics and Discussions on Morbidity Management and Disability Prevention of
Lymphatic Filariasis and Integrative Medicine

Organised by

Institute of Applied Dermatology

in association with

Centre for Integrated Medicine and Public Health,
Directorate of Health Services, Government of Kerala

Dowling Club, British Association of Dermatologists

Co-sponsored by

The Ministry of AYUSH
Government of India, New Delhi



Institute of Applied Dermatology

Effective Care through Integrative Medicine

Date and Sessions	Time	Topic and speaker
Day 1: 18th February 2020		
<i>Ground Floor</i>	9.00 AM to 9.10 AM	Colloquium Begins with the lighting of the lamp
Session 1 <i>Seminar Hall (Second Floor)</i> Keynote addresses Chairperson: Dr S. Misra Plastic Surgeon, Formerly professor and head, Department of Plastic Surgery at Chidambaram Medical College, Tamil Nadu	9.10 AM to 9.30 AM	Immunological aspects of Lymphatic Filariasis Dr S.L. Hoti Scientist G, Regional Medical Research Centre (ICMR), National Institute of Traditional Medicine, Belagavi, Karnataka
	9.30 AM to 9.35 AM	Discussion
	9.35 AM to 9.55 AM	Lymphoedema: Medical Management Prof. Vaughan Keeley Consultant Physician in Lymphoedema, University Hospitals of Derby and Burton NHS Foundation Trust, Lymphoedema Department, Royal Derby Hospital, UK
	9.55 AM to 10.00 AM	Discussion
	10.00 AM to 10.20 AM	Morbidity Management & Disability Prevention of Lymphatic Filariasis: Surgical Treatment Options Dr S. Misra Plastic Surgeon, Formerly professor and head, Department of Plastic Surgery at Chidambaram Medical College, Tamil Nadu
10.20 AM to 10.25 AM	Discussion	
Screening of IAD's Lymphoedema treatment protocol film		
Tea Break		
Session 2 <i>Room No 10 (Ground Floor)</i> Lymphoedema medical camp/CME: Bedside clinical teaching on lymphoedema and chronic skin diseases	11.00 AM to 1.00 PM	Dr Vaughan Keeley, Royal Derby Hospital, UK , will be conducting bed-side teaching of lymphoedema during the medical camp. Other world-renowned clinicians from India & abroad will be available for consultation and giving an opinion on patients' illness. Dr S.R. Narahari, Dr K.S. Prasanna, Dr M.G. Aggithaya & IAD's health care team will also assist.
Lunch Break		
<i>Seminar Hall (Second Floor)</i> South Indian food diversity	2.00 PM to 2.05 PM	Nutritional values & Ayurvedic reasoning of local cuisine served during the colloquium Dr Roopa Kamath Ayurveda Consultant, Institute of Applied Dermatology, Kasaragod
Session 3 <i>Seminar Hall (Second Floor)</i>	2.05 PM to 2.20 PM	Insights into the elimination of Neglected Tropical Diseases in India

<p>Keynote addresses</p> <p>Chairperson:</p> <p>Dr Chandrakant Revankar Public Health Medical Consultant, Neglected Tropical Diseases, Former NTD Officer, WHO-SEARO, Consultant Dermatologist, Mumbai</p>	<p>2.20 PM to 2.25 PM</p> <p>2.25 PM to 2.45 PM</p> <p>2.45 PM to 2.50 PM</p>	<p>Dr Chandrakant Revankar Public Health Medical Consultant, Neglected Tropical Diseases, Former NTD Officer, WHO-SEARO, Consultant Dermatologist, Mumbai</p> <p>Discussion</p> <p>Hyperpigmentation disorders</p> <p>Dr Donna Thompson Consultant Dermatologist, Sandwell and West Birmingham Hospitals NHS Trust, UK</p> <p>Discussion</p>
<p>Session 4</p> <p><i>Seminar Hall (Second Floor)</i></p> <p>Invited Lectures</p> <p>Chairperson: Dr S.L. Hoti Scientist G, Regional Medical Research Centre (ICMR), National Institute of Traditional Medicine, Belagavi, Karnataka</p>	<p>2.50 PM to 3.10 PM</p> <p>3.10 PM to 3.15 PM</p> <p>3.15 PM to 3.35 PM</p> <p>3.35 PM to 3.40 PM</p> <p>3.40 PM to 3.55 PM</p> <p>3.55 PM to 4.00 PM</p> <p>4.00 PM to 4.15 PM</p> <p>4.15 PM to 4.20 PM</p>	<p>Connective tissue disease</p> <p>Dr Mark Goodfield Consultant Dermatologist, Dowling Club, London, UK</p> <p>Discussion</p> <p>Yoga for better care of mind-related diseases</p> <p>Dr Hemant Bhargav MBBS, MD (Yoga and Rehabilitation), Assistant Professor of Yoga, NIMHANS, Bangalore</p> <p>Discussion</p> <p>Herbal Dermatology research in the UK</p> <p>Dr Jonathan Kentley Chelsea & Westminster Hospital, NHS Foundation Trust, London, UK</p> <p>Discussion</p> <p>Scar Sarcoid</p> <p>Dr Faraz Ali Dowling Club, London, UK</p> <p>Discussion</p>
Tea		
<p>Public Program:</p> <p><i>Seminar Hall (Second Floor)</i></p> <ul style="list-style-type: none"> Book Release: "Medicine and Body Image: Resource planning for the poor" authored by Prof Terence Ryan Launch of S. Janardhan endowment fund for indigent 	<p>5.00 PM to 7.00 PM</p>	<p>Preamble Speech: Mr S R Vijay Shankar, Writer & Critic, Consultant, Intel Technologies, Bangalore (He is volunteering in IAD for the past 20 years)</p> <p>On the stage:</p> <ul style="list-style-type: none"> Mr N.A. Nellikkunnu Honourable Member of the Kerala Legislative Assembly, Kasaragod Prof. Terence Ryan Emeritus Professor of Dermatology, Oxford University, London Dr Anthony Bewley

<p><i>filariasis patients sponsored by Wife of S. Janardhan, Bangalore & Institute of Applied Dermatology</i></p>		<p>President, Dowling Club, Dermatologist, Barts Health NHS trust Queen Mary University of London</p> <ul style="list-style-type: none"> • Mr P.K. Dutta Chairman, Systopic Laboratories Pvt. Ltd, New Delhi • Dr Bhupendra Tripathi Country Lead - Elimination Programs, Neglected Tropical Diseases, Bill and Melinda Gates Foundation, New Delhi • Officials from Ministry of AYUSH, National Vector Borne Disease Control Programme, New Delhi and Directorate of Health Services, Government of Kerala • Dr T.A. Bailur Director, Institute of Applied Dermatology, Kasaragod
<p align="center">7.00 PM: Closure of the day with Kasaragod local cuisine of dinner and sweets</p>		
<p>Day 2: 19th February 2020</p>		
<p>Session 1</p> <p><i>Seminar Hall (Second Floor)</i></p> <p>Keynote addresses</p> <p>Chairperson:</p> <p>Prof. Terence Ryan Emeritus Professor of Dermatology, Oxford University, UK</p>	<p>9.00 AM to 9.15 AM</p> <hr/> <p>9.15 AM to 9.20 AM</p> <hr/> <p>9.20 AM to 9.40 AM</p> <hr/> <p>9.40 AM to 9.45 AM</p> <hr/> <p>9.45 AM To 10.05 AM</p> <hr/> <p>10.05 AM to 10.10 AM</p> <hr/> <p>10.10 AM to 10.25 AM</p> <hr/> <p>10.25 AM to 10.30 AM</p>	<p><i>Nodular Prurigo</i></p> <p>Prof. Anthony Bewley President, Dowling Club, Dermatologist, Barts Health NHS trust, Queen Mary University of London</p> <p><i>Discussion</i></p> <hr/> <p><i>Accelerated plan for the Elimination of LF in India and opportunities for MMDP integration in the program</i></p> <p>Dr Bhupendra Tripathi Country Lead - Elimination Programs, Neglected Tropical Diseases, Bill and Melinda Gates Foundation, New Delhi</p> <p><i>Discussion</i></p> <hr/> <p><i>Evidence-based Ayurveda Therapeutics</i></p> <p>Prof. Anup Thakkar Director, Institute for Postgraduate Teaching & Research in Ayurveda, Gujarat Ayurved University, Jamnagar</p> <p><i>Discussion</i></p> <hr/> <p><i>GAELF & Care attitude</i></p> <p>Prof. Terence Ryan Emeritus Professor of Dermatology, Oxford University, London</p> <p><i>Discussion</i></p>
<p align="center">Tea Break</p>		
<p>Session 2</p> <p><i>Room No 10 (Ground Floor)</i></p>	<p>11.00 AM to 1.00 PM</p>	<p>Dr Vaughan Keeley, Royal Derby Hospital, UK, will be conducting bed-side teaching of lymphoedema during the medical camp. Other world-renowned clinicians from India &</p>

<p><i>Lymphoedema medical camp/CME: Bedside clinical teaching on lymphoedema and chronic skin diseases.</i></p>		<p>abroad will be available for consultation and giving an opinion on patients' illness. Dr S.R. Narahari, Dr K.S. Prasanna, Dr M.G. Aggithaya & IAD's health care team will also assist.</p>
Lunch Break		
<p><i>South Indian food diversity</i> <i>Seminar Hall (Second Floor)</i></p>	<p>2.00 PM to 2.05 PM</p>	<p><i>Nutritional values & Ayurvedic reasoning of local cuisine served during the colloquium</i> Dr Roopa Kamath Ayurveda Consultant, Institute of Applied Dermatology, Kasaragod</p>
<p>Session 3 <i>Seminar Hall (Second Floor)</i> Invited Lectures Chairperson: Prof Gail Todd Dermatology Department, University of Cape Town, South Africa</p>	<p>2.05 PM to 2.25 PM</p>	<p><i>Contact dermatitis</i> Dr Tanya Bleiker Consultant Dermatologist, University Hospitals of Derby and Burton NHS Foundation Trust, UK</p>
	<p>2.25 PM to 2.30 PM</p>	<p><i>Discussion</i></p>
	<p>2.30 PM to 2.50 PM</p>	<p><i>Homoeopathic management of skin diseases related to mental generals</i> Dr Mansoor Ali Associate Professor, Department of Case taking and Repertorisation, Govt Homoeopathic Medical College, Calicut</p>
	<p>2.50 PM to 2.55 PM</p>	<p><i>Discussion</i></p>
	<p>2.55 PM to 3.05 PM</p>	<p><i>An iron man in a velvet glove: intravenous iron an unusual cause of skin pigmentation</i> Dr Abi Parajasingham Registrar, Surrey and Sussex Healthcare NHS Trust, UK</p>
	<p>3.05 PM to 3.10 PM</p>	<p><i>Discussion</i></p>
	<p>3.10 PM to 3.20 PM</p>	<p><i>Pachyonychia congenita</i> Dr Ashima Lowe Registrar, Dept of Dermatology, Royal Gwent Hospital, Newport, Wales, UK</p>
	<p>3.20 PM to 3.25 PM</p>	<p><i>Discussion</i></p>
<p>Session 4 <i>Seminar Hall (Second Floor)</i> <i>Meeting patients of neglected tropical disease</i> Chairperson: Prof. Anup Thakkar Director, Institute for Postgraduate Teaching & Research in Ayurveda, Gujarat Ayurved University, Jamnagar</p>	<p>3.30 PM to 4.30 PM</p>	<p><i>Lymphatic Filariasis Specific Quality of Life issues: Meeting with patients</i> LFSQQ Dr S.R. Narahari Director, Institute of Applied Dermatology, Kasaragod Facilitators: Sheeba Varghese, Aneesha & Reshma D Souza Dermatology nurses, Institute of Applied Dermatology, Kasaragod</p>

<p>Dr Mansoor Ali Associate Professor, Department of Case taking and Repertorisation, Govt Homoeopathic Medical College, Calicut</p>		
Tea Break		
<p>Session 5 <i>Seminar Hall (Second Floor)</i> Panel Discussion</p>	<p>5.00 PM to 6.00 PM</p>	<p>National MMDP program: Panelists: <i>Experts from Ministry of AYUSH, NVBDCP, Government of India NCDC, Kerala and other relevant national public health institutions</i></p>
7.00 PM: Closure of the day with Kasaragod local cuisine of dinner and sweets		
<p>Day 3: 20th February 2020</p>		
<p>Session 1 <i>Seminar Hall (Second Floor)</i> Key Note Addresses Chairperson: Dr Bhupendra Tripathi Country Lead - Elimination Programs, Neglected Tropical Diseases, Bill and Melinda Gates Foundation, New Delhi</p>	<p>9.00 AM to 9.20 AM</p>	<p>African AD, Skin complications of cultural practices, why is it not what it seems to be Prof Gail Todd Dermatology Department, University of Cape Town, South Africa</p>
	<p>9.20 AM to 9.30 AM</p>	<p>Discussion</p>
	<p>9.30 AM to 9.50 AM</p>	<p>Role of treating 'Manas' in the management of skin diseases Dr Sisir Kumar Mandal Associate Professor, Department of Roga Nidana & Vikriti Vigyan, All India Institute of Ayurveda (AIIA), Delhi</p>
	<p>9.50 AM to 10.00 AM</p>	<p>Discussion</p>
	<p>10.00 AM to 10.20 AM</p>	<p>Community engagement for the dissemination of integrated treatment protocol for Lymphatic Filariasis Dr K.H. Prakash Director, TB Programmes Karnataka Health Promotion Trust, Bangalore</p>
<p>10.20 AM to 10.30 AM</p>	<p>Discussion</p>	
Tea Break		
<p>Session 2 <i>Room No 10 (Ground Floor)</i> Lymphoedema medical camp/CME: Bedside clinical teaching on lymphoedema and chronic skin diseases.</p>	<p>11.00 AM to 1.00 PM</p>	<p>Prof. Vaughan Keeley, Royal Derby Hospital, UK, will be conducting bed-side teaching of lymphoedema during the medical camp. Other world-renowned clinicians from India & abroad will be available for consultation and giving an opinion on patients' illness. Dr S.R. Narahari, Dr K.S. Prasanna, Dr M.G. Aggithaya & IAD's health care team will also assist.</p>

Lunch Break		
<p>South Indian food diversity</p> <p>Seminar Hall (Second Floor)</p>	<p>2.00 PM to 2.05 PM</p>	<p>Nutritional values & Ayurvedic reasoning of local cuisine served during the colloquium</p> <p>Dr Roopa Kamath Ayurveda Consultant, Institute of Applied Dermatology, Kasaragod</p>
<p>Session 3</p> <p>Seminar Hall (Second Floor)</p> <p>Invited Lectures</p> <p>Chairperson: Dr Chandrakant Revankar Public Health Medical Consultant, Neglected Tropical Diseases, Former NTD Officer, WHO-SEARO, Consultant Dermatologist, Mumbai</p>	<p>2.05 PM to 2.25 PM</p>	<p>Mass Drug Administration against Lymphatic Filariasis in Kerala state</p> <p>Dr K. Regu Joint Director, National Centre for Disease Control, Kozhikode</p>
	<p>2.25 PM to 2.30 PM</p>	<p>Discussion</p>
	<p>2.30 PM to 2.50 PM</p>	<p>Foldscope and its application in a community-based filariasis control program</p> <p>Dr P.S. Balu Department of Community Medicine, JJM Medical College, Davanagere</p>
	<p>2.50 PM to 2.55 PM</p>	<p>Discussion</p>
	<p>Free papers</p>	
<p>Session 4</p> <p>Seminar Hall (Second Floor)</p> <p>Operational, Training, Monitoring and Quality care needs for pan-India integrative medicine based MMDP programme of lymphoedema</p>	<p>2.55 PM to 3.30 PM</p>	<p>Chair: Prof Terence Ryan, Emeritus Professor of Dermatology, Oxford</p> <p>Panelists:</p> <p>Dr Bhupendra Tripathi Country Lead - Elimination Programs, Neglected Tropical Diseases, Bill and Melinda Gates Foundation, New Delhi</p> <p>Dr P.S. Balu Department of Community Medicine, JJM Medical College, Davanagere</p> <p>Dr K. Regu Joint Director, National Centre for Disease Control, Kozhikode</p> <p>Dr Sisir Kumar Mandal Associate Professor, Department of Roga Nidana & Vikriti Vigyan, All India Institute of Ayurveda (AIIA), Delhi</p> <p>Dr Madhur Guruprasad Aggithaya Chief Ayurveda Consultant, Institute of Applied Dermatology, Kasaragod</p>
<p>Colloquium ends</p> <p>Seminar Hall (Second Floor)</p>	<p>3.30 PM to 4.00 PM</p>	<p>Concluding remarks:</p> <p>Welcome: Dr Madhur Guruprasad Aggithaya Chief Ayurveda Consultant, Institute of Applied Dermatology, Kasaragod</p> <p>Remarks: (5 minutes each) Prof. Terence Ryan Prof. Gail Todd Dr P.S. Balu Dr Bhupendra Tripathi</p> <p>Vote of thanks Mr Prajul RK</p>

	Administrative Officer, Institute of Applied Dermatology, Kasaragod
Group Photo Session & Tea	
4.30 PM visit to Bekal Fort	
7.00 PM: Kasaragod local cuisine of dinner and sweets	